

  
**GOVT. OF WEST BENGAL**  
**OFFICE OF THE CHIEF MEDICAL OFFICER OF HEALTH**  
**& SECRETARY, DISTRICT HEALTH & FAMILY WELFARE SAMITY**  
**RAMPURHAT HEALTH DISTRICT**  
*E.mail: [cmohrampurhatd@gmail.com](mailto:cmohrampurhatd@gmail.com)*  
*Contact No: (03461) 358-022*



Memo No. DHFWS/RPH/DPMU/556

Dated: 23.02.2024

**RECRUITMENT NOTICE**  
**(Contractual Recruitment: 2023-2024 )**

In reference to the letter of the Secretary, H & FW Deptt. & D.G. AYUSH and Executive Director, Health & Family Welfare Department vide memo no. 108/HF/AYUSH/Samity-01/2022 dt.31/03/2023 and Memorandum issued by the Special Secretary, AYUSH & Addl. Executive Director, WBAS, vide memo no. 157/HF/AYUSH/Samity-01/2022 dt.29/05/2023, the District Health and Family Welfare Samiti, Rampurhat Health District is inviting online applications for recruitment of Yoga Instructor (Male & Female) on Contractual and temporary basis at AYUSH Health & Wellness Centres under National AYUSH Mission (NAM). Details of the post is mentioned below –

|                           |  |   |             |                        |
|---------------------------|--|---|-------------|------------------------|
| 01.                       | Name of the post                       | <b>Yoga Instructor (Male)</b>   |             |                        |
|                           | Name of the Programme                  | National AYUSH Mission (NAM)  |             |                        |
|                           | Number of post & Category              | Existing Vacancy : 12 ( UR-06, SC-03, ST-01, OBC-A – 01, OBC-B-01 )   |             |                        |
|                           | Place of posting                       | Rampurhat Health District   |             |                        |
|                           | Monthly Remuneration                   | Rs.8000/- ( Rupees Eight Thousand ) for 32 sessions @ Rs.250/-.   |             |                        |
|                           | Age as on 1 <sup>st</sup> January 2024 | Maximum 40 years<br>(Relaxations of age will be applicable for SC / ST / OBC as per Govt. norms)<br>Lower age Limit – 21 years  |             |                        |
|                           | Eligibility Criteria                   | 1. Secondary/Madhyamik passed with Certificate/Diploma in Yoga affiliated by the West Bengal Council of Yoga and Naturopathy (WBCYN). The candidates must be registered with WBCYN.<br>3. Candidates must be a permanent resident of West Bengal.<br>4. Only <b>male candidate</b> can apply. |             |                        |
|                           | Scale of Scoring ( Full Marks 100)     | Sl. No  | Particulars | Maximum Marks allotted |
|                           | 1.                                     | Secondary/Madhyamik Examination<br>(Proportionate marks will be considered)   | 15          |                        |
|                           | 2.                                     | Certificate/Diploma in Yoga   | 15          |                        |
|                           | 3.                                     | Demonstration   | 10          |                        |
|                           | 4.                                     | Interview   | 10          |                        |
| Duties & responsibilities | Attached in Annexure-I                 |   |             |                        |



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|                                       |  |   |                        |  |
|---------------------------------------|--|---|------------------------|--|
| 02.                                   | Name of the post                       | <b>Yoga Instructor (Female)</b>   |                        |  |
|                                       | Name of the Programme                  | National AYUSH Mission (NAM)  |                        |  |
|                                       | Number of post & Category              | Existing Vacancy : 10 ( UR-04, SC-03, ST-01, OBC-A – 01, OBC-B-01 )   |                        |  |
|                                       | Place of posting                       | Rampurhat Health District   |                        |  |
|                                       | Monthly Remuneration                   | Rs.5000/- ( Rupees Eight Thousand ) for 20 sessions @ Rs.250/-.   |                        |  |
|                                       | Age as on 1 <sup>st</sup> January 2023 | Maximum 40 years<br>(Relaxations of age will be applicable for SC / ST / OBC as per Govt. norms)<br>Lower age Limit – 21 years  |                        |  |
|                                       | Eligibility Criteria                   | 1. Secondary/Madhyamik passed with Certificate/Diploma in Yoga affiliated by the West Bengal Council of Yoga and Naturopathy (WBCYN).<br>2. The candidates must be registered with WBCYN.<br>3. Candidates must be a permanent resident of West Bengal.<br>4. Only <b>Female candidate</b> can apply. |                        |  |
| Scale of Scoring<br>( Full Marks 100) | Sl. No                                 | Particulars   | Maximum Marks allotted |  |
|                                       | 1.                                     | Secondary/Madhyamik Examination<br>(Proportionate marks will be considered)   | 15                     |  |
|                                       | 2.                                     | Certificate/Diploma in Yoga   | 15                     |  |
|                                       | 3.                                     | Demonstration   | 10                     |  |
|                                       | 4.                                     | Interview   | 10                     |  |
| Duties & responsibilities             | Attached in Annexure-I                 |   |                        |  |

**GENERAL CONDITIONS FOR THE RECRUITMENTS:**

1. The District Health and Family Welfare Samiti, Rampurhat Health District reserves the right not to fill up the vacancies if circumstances so warrant and withdraw any advertised post(s) at any time without giving any reason.
2. Candidates must fulfill Eligibility Criteria on the last date of application.
3. Marks obtained in additional subject in the examination(s) will not be counted.
4. Relaxations of age will be applicable for SC / ST / OBC as per Govt. norms.
5. Contractual and temporary recruitment will be subject to fulfillment of required Eligibility Criteria /qualification etc. and also to verification of testimonials and antecedents. If it is found at any stage that any information has been suppressed or wrongly/ falsely provided or any fraud has been committed, the application / contractual appointment of the concerned applicant will be rejected / cancelled / terminated summarily.
6. Application fee (non refundable) i) For General Caste – Rs.100/- ii) For Reserved Category (SC/ST/OBC )- Rs.50/- .



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7. Addendum / deletion / corrigendum/any update shall be posted on the website of Swasthya Bhawan i.e. [www.wbhealth.gov.in](http://www.wbhealth.gov.in) and the official website of Birbhum district i.e. [www.birbhum.nic.in](http://www.birbhum.nic.in)
8. Kindly visit the website of Swasthya Bhawan i.e. [www.wbhealth.gov.in](http://www.wbhealth.gov.in) to apply.
9. The details of the dates of online application as follows –

| Particulars          | Start date | End date   |
|----------------------|------------|------------|
| Registration         | 26/02/2024 | 11/03/2024 |
| Fee submission date  | 26/02/2024 | 11/03/2024 |
| Form submission date | 26/02/2024 | 13/03/2024 |

10. For any query, please send mail to [hrcellrampurhatd@gmail.com](mailto:hrcellrampurhatd@gmail.com) or visit the following office on working days (Monday to Friday, Time: 1.00 P.M. to 3.00 P.M.):-

Office of the Chief Medical Officer of Health  
Old outdoor campus, Kamarpotty More, Rampurhat  
Dist. Birbhum, Pin- 731224, W.B.

*[Signature]*  
23/2/24

Chief Medical Officer of Health & Secretary  
District Health & Family Welfare Samiti  
Rampurhat Health District, Birbhum

Memo No. DHFWS/RPH/DPMU/556/1(C14)

Dated: 23.02.2024

Copy forwarded for information to:-

1. The Director of Health Services, Swasthya Bhawan, Salt Lake, Kolkata-91
2. The Executive Director, WBSH&FWS & Mission Director, NHM, Swasthya Bhawan, Salt Lake, Kolkata-91
3. The District Magistrate, Birbhum
4. The SDO, Rampurhat Sub-Division, Rampurhat, Birbhum
5. The PO-I, NHM, Swasthya Bhawan, Salt Lake, Kolkata-91
6. The Registrar, West Bengal Council of Yoga and Naturopathy, Purta Bhawan Room no.107, 1st floor, Block-DF, Sector -I, Bidhannagar, Kolkata- 700091
7. The Dy.CMOH-I/Dy.CMOH-II/Dy.CMOH-III/DMCHO/DTO/ACMOH/DPHNO/A.O., Rampurhat HD
8. The DMO, AYUSH, Rampurhat & Birbhum
9. The BMOH& BDOs of all Block, Rampurhat HD
10. The DPMU (all), Rampurhat HD
11. The HR Cell, State Health & Family Welfare Samiti, Swasthya Bhawan, Salt Lake, Kolkata-91
12. The IT Specialist, Dept. of Health and Family Welfare, Swasthya Bhawan, Kolkata-91 – with requested to publish this advertisement in the [wbhealth.gov.in](http://wbhealth.gov.in) website
13. The DIO, NIC – with request to publish this advertisement in the official webpage of Birbhum.
14. Office copy.

*[Signature]*  
23/2/24

Chief Medical Officer of Health & Secretary  
District Health & Family Welfare Samiti  
Rampurhat Health District, Birbhum

**Duties and responsibilities of deployed Yoga Instructor (Male and female)**

**Yoga Instructor:**

1. Conduct minimum 32 Yoga sessions with minimum of one hour per session at AYUSH HWC, schools and at community level each month as per sessions scheduled by CHO (20 sessions at AYUSH HWCs and remaining 12 sessions at outreach level).
2. Out of 32 Yoga sessions, at least 2 hours of IEC program to be conducted in the community in a month
3. Capacity building of ASHAs and ANM / MPW or any other volunteer in aspect of Yoga
4. Help CHO, ANM and ASHAs for conducting awareness campaigns.
5. Help in documentation and reporting related to Yoga component including monitoring ASHA / ANM.
6. Conduct at least two Yoga awareness campaigns in a year at community level.

**Yoga Instructor (Female):**

1. To conduct 20 Yoga classes with minimum of one hour per session for female group wherever required, as per sessions scheduled by CHO
2. Coordinate with the other Yoga Instructor for successful advocacy of Yoga component in the community.

**Remuneration**

- **Yoga Instructor: Rs 8000/- per month** (Eight thousand rupees per month);  
32 sessions @ Rs 250/- per session
- **Yoga Instructor (Female): Rs 5000/- per month** (Five thousand rupees per month);  
20 sessions @ Rs 250/- per session

*Selil*